

An Introduction to



**Spirit Gateways™**  
The Enlightening  
by Iana Lahi

A Roadmap for the Activation & Illumination  
of the Whole Self

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Beyond techniques, books and healing modalities that give you only a taste of spiritual bliss, Spirit Gateways™ gives you the tools to create lasting peace, sustaining joy and integrated wholeness. Twenty-first century living requires us to awaken to the fullest potential of our lives, and to personally transform and heal so that we can bring transformation and healing to the world. The Spirit Gateways™ Roadmap provides you with the tools to live in a new consciousness where your mind-body, soul and spirit work as one. It also reconnects you to your soul's *dharmic* blueprint, the roadmap of your highest evolution and greatest purpose in life.

The Spirit Gateways™ Roadmap is a golden treasure of long-lost information that restores the light and power of God in the body. Contemporary energy and spiritual exercises, initiations and tools to help you experience the profound awakening and integration of your physical and spiritual energies are given to help live your life fully connected to your highest potential and light.

The Spirit Gateways™ Roadmap ignites the healing and spiritual powers in each person and initiates direct presence into the Divine.

### **My Journey**

I haven't always known how to guide an individual into the full awakening of their whole self. Through many years of self-healing, a devoted meditation practice, and inspiring mentors, I stayed with my passion and determination to understand the spiritual and physical forces that live not only in the universe, but within us.

I have worked with people from all over the world in a broad range of issues from overcoming depression and suicide, to eating disorders, fertility issues, cancer, diabetes, relationship challenges — assisting individuals in finding their true self, life purpose, leadership potential, creative empowerment, sexual joy, enlightenment and spiritual oneness.

My own soul is very multi-faceted. I was a professional ballet and modern dancer before my healing career, ever exploring the invisible dimensions through movement and music. I never planned on being or even wanting to become a healer and spiritual guide for others. My gifts began to open as I began healing myself, and I discovered a new, but very ancient path to union in God. Many spoke or wrote *about* what I felt, like Rumi, but no one taught how to not only spiritually progress, but also integrate and heal the emotional and mental bodies. There seemed to be a vast gap between despair and peace unless you blocked out the world.

I wanted to find a path of complete integration and oneness and I was shown its path by my inner teachers and guides over many years. I signed up for this job way before this lifetime and definitely have a specific mission in this life that I am now completing. I have done a lot of personal inner work to discover and bring together my God-given gifts with my own spiritual and creative powers. It has involved clearing the emotions and soul imbalances from many lifetimes, including clearing my own family of origin and genetic patterns on an energetic, emotional and spiritual level, and aligning myself in Source. I am grateful each day to know and feel living in oneness. I have taken to heart the notion, “Physician, heal thy self.” In order to handle my own challenges of living one in spirit, I often have used the analogy of being the one with the machete, cutting away the stuff that entangles and blinds us to our truth and learning how to get there first, so that I can lead the way for others. I have gone “there” first, into the unknown terrain of the soul, spirit and body, mastering how to navigate not only myself, but any person who wants through their own blocks, darkness, pain and fear, into the light.

I am able to read and experience your souls authentic blueprint, how it is “wired” into the rest of your mind and body, and am able to remove the blocks energetically preventing you from living in wholeness.

### **What is a Soul Blueprint?**

I am often asked, “What is a soul blueprint”? It is your soul’s architectural design of who you are, what you have been through and what your chosen and given destiny is. It is possible to see its aspirations, hurts, sorrows and joys. Your soul is what comes in at your birth, evolving and expressing itself through every experience that you go through. Each time you go through a challenging situation in your life, your soul is meant to learn a particular lesson. The more your soul is integrated and aligned, the more your life is healed and transformed by your life challenges. I help you to integrate, clear and align your soul, physical and spiritual energies. I want to empower you to be the healer for your own life and to assist you in discovering your own direct connection with Source. I help you to let go of what you no longer need, and what is not yours to begin with and has prevented you from moving into your *awakened self*. My joy is to know you have arrived home safely.

### **What is your Awakened Self?**

It is the “you” that is waking up from being asleep, or hiding, fearful or split off. Your awakened or enlightened self feels bright, clear, connected, thankful, kind, loving and powerful. Every person has an enlightened self. It is not something that you have to work to attain. You are born either in your enlightened self, or you are watching it. Sound strange? Well, it has to do with whether or not you are fully engaged in your self — whether you are fully embodied in your physical, emotional and psychological self or not. Most of you stay living in control, by remaining separate from your true self.

When you become one with your true self, you can then live in your spiritual power. There is not a spiritual life over here, and the rest of your life over there. You come out of your splits. You become One. Now you can live as an integrated spiritual human being in your relationship, career, family and in the world. Your inner peace is the pipeline to creating outer peace.

### **What is your True Self?**

Imagine a moment when you ate something so delicious that your whole being went into pure ecstasy. Was it a delicious dessert, perhaps your favorite cake, pie or cookie as a child? Now, think of a time when you were kissed so deeply that your whole body felt the kiss. It was like your whole body was being kissed merely by the kiss upon your lips. You knew complete joy as a river of delight running through your body. Your whole self received the food; received the kiss. Your response to this sweetness came from your true self. When you embrace and incorporate your true self, your life becomes a miraculous dance of interflowing moments, events, circumstances and relationships. Your *true self* is deeply connected into your heart and is interconnected into your soul, mind and body as a highway of refined circuitry that allows you to live with direct and clear perceptions.

### **A Permanent Shift**

The Spirit Gateways™ Roadmap helps you to reconnect all of the parts of yourself, all the aspects of your soul that you may have left behind, abandoned, forgotten about or judged. As you are “reconnected”, the circuits in your body begin to be rewired feeding your body with powerful nourishment on a mental, emotional and physical level. It does not matter how hard you try to change an old habit or take on a positive mental belief, until your soul is reunited in your body with your true self, it is impossible to have a *permanent* shift.

### **Integration**

The Spirit Gateways™ Roadmap integrates your spiritual and physical forces. What does this mean? When your physical body is reconnected to the spiritual powers in the universe, you are initiated into the journey of your soul. Your physical body is made up of spiritual forces, your emotional and etheric energies and your soul. When they are cleared, reconnected and integrated you are able to begin living a life that is on track with your highest purpose and life lessons.

### **Alignment**

The Spirit Gateways™ Roadmap is a synchronized and rapid progression of steps that walk you through the gateways that unite all of your God Forces — spiritual and physical — to come into alignment. Just as you align the tires of your car to drive down the road to get where you want to go, your body and soul need to be aligned to reach your goal. As you become more connected in your body with your spiritual forces, you also become connected to your purpose and the power to manifest your soul’s calling. During this time of breakthrough and rediscovery of Source within your self, your desire to be all that you can be on all levels is what will help you release your limitations and open the doors to the limitless potential of your whole and integrated self.

### **The Calling**

We are living in a profound time of spiritual change that is unlike any other time in herstory within the last 2,500 years. Many of you are feeling and hearing a calling deep within your mind and soul. You want to make a difference somehow, but you may not know how, when or where to begin. For some, this may be occurring after working in a corporation or some other work situation for a long time and you want to reach people and help implement change within the cultural systems, in new ways. For

others, you may be in your early 20's-30's or 40's and feeling that you are here for a purpose, but feel disconnected from your soul purpose and question *why am I here?*

Know that before you came into this lifetime, you made a soul decision to be of service to the planet as “she” works hard to counter-act the repressions and misuses of her light, power and beauty. For example, you might feel a calling to integrate a new way of serving people from your heart and help lessen the abuse, poverty and social discriminations in the world by bringing together a business idea with a higher standard such as social justice. You might feel a calling to work in uplifting education, politics, law, the arts, medicine, healing, media, or family systems by bringing new ethics and spiritual standards into these systems and expressions.

Moving beyond dogma into truth and living the integration of your spiritual power with your mind and soul will help to heal our world. It is painful for all of us right now to see and feel what is going on globally. It is meant to awaken our souls and have us move beyond our small selves and find the connection to our higher, deeper, bigger self and integrate the two. It is a very important time in *herstory*.

Each spiritual age has a different evolutionary task to accomplish. Prophets, messiahs, saints and way-showers are sent in with a host of Masters of Light, Archangels and Ancient Ones at their backs to assist in bringing to the masses new messages that are needed at this time to make the next spiritual evolutionary shift. The only difference between now and 2,000 years ago, is that people have been so controlled by religion, influenced by technology, media and big business, that they have almost zero connection to the forces of God within themselves. Imagine how incredible our world would become if we integrated high tech with spiritual wisdom, power and heart!

### **Change is Inevitable**

The Spirit Gateways™ Roadmap reveals to you the gateways into yourself and the universe, helping you to open and surrender to your already enlightened self. You will learn through this joyous work how to align every aspect of your self — sexually, creatively, spiritually, emotionally, psychologically, artistically and soulfully — with the light that exists within you. You will become the navigator of your own life from an aligned inner place of union. It is a feeling of coming alive for the first time. Yes, you will probably shift your beliefs about spirituality, religion and God, but it will happen because no one is telling you how to be you or how to do God. You will open to the currents and flow of God energies in your body and you will never be the same.

Think of yourself as a unique geometric design in the shape of a snowflake. No two snowflakes are alike and yet millions of them exist in every snowfall. The design that is yours has a distinctive essence, a quality that makes you who you are. As you awaken to your essence, you are in constant touch with the power that sustains, preserves and creates every moment of life. All religions were originally created to help people return to their truth. But when people have access to the power of light that exists within, outer dogma is no longer needed. When a religion misuses their power to control the masses into directing how they should think, rather than how to help develop their own ability to have direct union in God, the purpose of religion needs to be reevaluated. You are meant to explore your soul and take responsibility for how you interact with your relationship with God, or Source. Finding your own unique connection to Source, is the gift you give yourself. Then you become an instrument for higher knowledge, ideas, and inspirations that complete your mission in this lifetime on a soul level and help you make a difference in your family, community, job, relationships, marriage and in the world.

## The Higher Secret

It is a natural state to be at peace with our self, to not be in conflict and at war within ourselves. How many times a day are you exposed to people who are not content with something in their lives, feel victim to circumstances or are trying to use universal forces just to get their new car, new job or new house? We are not meant to use universal forces for our own good alone. The great musicians, inventors, writers and politicians throughout time, did not say, “Oh, today I am going to create a great piece of literature or write an amazing symphony.” They were compelled to be one with what was flowing through them. Some used it for their own fame and glory and most, wanted to bring something incredulous into the world to assist and uplift humanity.

The Higher Secret is when you have entered into the center of creation, as Jesus called the *nous*, a place within you where you have direct connection to all of the forces in the universe. You experience direct knowing, feeling, sight and hearing on an inner level and you have complete ability to manifest anything that you want that is *for the good of all*. That is the secret ingredient. It is must be in alignment for the good of everyone on the planet.

We are quickly emerging out of the 20<sup>th</sup> century paradigm of making it “all about me.” My car, house, how much money I make, what gym I go to, what charity I support, my spiritual beliefs, my fear, more fears, my guru, my yoga class, etc.

We are done in our educational, political, economic, artistic and cultural systems of living out the Little Me Power trying to be the Big Me Power. We have taken it as far as we can in the 20<sup>th</sup> century and have proven unless we shift our thinking into whole thinking and into a new universal paradigm of interconnectedness, we will lose on every level of our lives. We must go beyond protecting the Little Me and end our practices of creating from survival mind — what we think we need to have, into what we need to heal and integrate to become a co-creator. Then we can begin to take our true position in the world, which is being a co-creator with light and God, with the sole purpose of making a difference in the world. We move from head to heart centered thinking and into full-body enlightenment and illumination. This is the way of Spirit Gateways™. This is the way of the future. This is our roadmap.

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